

SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

Lunch: \$2.95 Premium: \$3.40	Monday 1/21	Tuesday 1/22	Wednesday 1/23	Thursday 1/24	Friday 1/25
FAVORITES 	MLK Day No School	Triple Dipper Tuesday Popcorn Chicken Pretzel Bites & Fries Sweet Corn Romaine Salad Fruit 1% or FF Milk	Sloppy Joe Sandwich Onion Rings Broccoli Romaine Salad Fruit 1% or FF Milk	Chicken Fajitas w/ Hard or Soft Shell Refried Beans Romaine Salad Fruit 1% or FF Milk	Meatball Parmesan Sub French Fries Cucumber Slices Romaine Salad Fruit 1% or FF Milk
GRILL 	MLK Day No School	Cheesesteak Hamburger Cheeseburger Sweet Corn Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Patty Hamburger Cheeseburger Broccoli Romaine Salad Fruit 1% or FF Milk	Rib o Que Jersey Burger Cheeseburger Refried Beans Romaine Salad Fruit 1% or FF Milk	Jersey Burger Chicken Patty Hamburger Cheeseburger Cucumber Slices Romaine Salad Fruit 1% or FF Milk
PIZZA 	MLK Day No School	Buffalo Chicken Pizza Cheese Pizza ---- Sweet Corn Romaine Salad Fruit 1% or FF Milk	White Pizza Cheese Pizza Pepperoni Pizza ---- Broccoli Romaine Salad Fruit 1% or FF Milk	Cheese Pizza BBQ Chicken Pizza Pepperoni Pizza ---- Refried Beans Romaine Salad Fruit 1% or FF Milk	Meat Lovers Pizza Cheese Pizza ---- Cucumber Slices Romaine Salad Fruit 1% or FF Milk
PASTA 	MLK Day No School	Penne w/ Pink Sauce & Garlic Bread ----- Sweet Corn Romaine Salad Fruit 1% or FF Milk	Broccoli Alfredo w/ Garlic Bread ----- Broccoli Romaine Salad Fruit 1% or FF Milk	Pasta w/ Meatballs & Dinner Roll ---- Refried Beans Romaine Salad Fruit 1% or FF Milk	Baked Ziti w/ Garlic Bread --- Cucumber Slices Romaine Salad Fruit 1% or FF Milk
SANDWICHES 	MLK Day No School	Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Corn Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Broccoli Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Refried Beans Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Cucumber Slices Romaine Salad Fruit 1% or FF Milk
SALAD BAR 	MLK Day No School	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Cheese & Crackers</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Hummus w/ Veggies</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Cheese & Crackers</u>	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: <u>Hummus w/ Veggies</u>
STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.40					

CAFETERIA MANAGER: 11/12 Debbie Exel ext.4419